# NASI 696 HEALTH CARE PLAN HOSTS SCREENING TO DETECT YOUR RISK FOR STROKE AT NO COST!!

PLAN PARTICIPANTS, SPOUSES, & RETIREES screen for FREE!!



# Sprinkler Fitters Local 696 Union Hall 41-43 E Willow St, Millburn, NJ 07041 Saturday, May 4<sup>th</sup> 8:00 AM to 3:00 PM

#### Carla Gruetzmacher Administrative Manager I.B.E.W 292

"I am simply amazed by this service. I participated in a simple 10-minute ultrasound to find out if I had risk of stroke. In that 10 minute I not only found out I had no risk of stroke, BUT I was made aware of what turned out to be thyroid cancer. This service explains what they are seeing with your ultrasound as they are performing the test. So, as the technician was scanning me, he explained that I had a small thyroid cyst that was very low risk, but that I should consult my doctor and let him decide next steps. I am so lucky I did! My doctor stated that without this ultrasound there would have been no way to detect such a small cyst, and finding cancerous cysts early is the key. My treatment was easy, and there was no need for any chemo or radiation. Please give an hour of your time even if you do not think you have risk of stroke, it very well may save your life.

To make an appointment (required): Call 515-244-3080 or visit:

https://NASI.hgscreenings.com/

See reverse for a description of the screenings offered!















# YOUR HEALTH IS OUR PRIORITY

**FASTING IS OPTIONAL NOT REQUIRED!** 

#### **ULTRASOUND**

#### **Carotid Artery**

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

### Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

## Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal.

#### **BLOODWORK**

### **Biometric Screening and Bloodwork**

Height/Weight

Waist circumference

Body Mass Index (BMI)

Blood pressure

Lipid Panel with glucose

Full Chemistry Panel - Provides high level evaluation of the body's major organ

functions

Hemoglobin A1c - Average blood sugar

(glucose) last 3 months

Prostate Specific Antigen (PSA) Men

Thyroid Stimulating Hormone (TSH) Women

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